

-Reflection Questions-

The Letter to the Ephesians, and Simplicity by Richard Rohr

1. Are you (or have you ever been) on a radical journey inward to your own powerlessness? Have you been on a radical journey outside yourself to stand in solidarity with the powerless of this world?
2. In what ways (if any) have you practiced any form of contemplative prayer? What did you discover? How was the experience different for you than other forms of prayer? If you have not had an experience with contemplative prayer, what holds you back?
3. Have you ever tried to cultivate emptiness? How?
4. What do you need to let go of today?
5. Do you consider yourself a person of privilege and/or power? If yes, what can you do to get a glimpse of life from the perspective of the powerless?
6. In your life what are the divisions and “walls of hostility” that Christ can speak into?
7. What was your experience of hearing the entire letter in one sitting? How was it different than hearing small pieces of it? How does it change your understanding of Paul?
8. Was there anything surprising that you heard?
9. Did you sense any thin spots? (A thin spot refers to a place where you feel the living presence of God, and possibly experience a moment of spiritual clarity). If so write them down.
10. What does “Unity in Christ” mean to you in your context? Do you have any fresh perspectives on this after hearing Paul’s letter to the Ephesians?
11. How will you participate in the “priesthood of all believers”? How can you use your voice more when it comes to your faith?

